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5/28/20*

Loretta Castano <lcastano@closternj.us>

# Fwd: Reminder to Register: NAMI NJ Online Support Groups continue this week

1 message

*copy sent:*

**Loretta Castano** <lcastano@closternj.us>

Tue, May 26, 2020 at 10:33 AM

To: Mayor & Council <mayorcouncil@closternj.us>, Borough Administrator Hynes <ehynes@closternj.us>, Board of Health Secretary <agoodman@closternj.us>, Jim Winters - OEM <oem@closternj.us>, Chief John McTigue <jmctigue@closterpolice.org>, "Mark E. Lupardi" <marklupardi@gmail.com>, "Ambulance Corps. Captain" <rossherbert@hotmail.com>, Jin Bae REHS <jbae@closternj.us>, Food & Assistance Board <fabofcloster@gmail.com>, Closter Senior Citizens Club <heymannsophie@gmail.com>, Bill Brewster <bbrew1515@aol.com>

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Arlene Marie Gray, RMC  
Deputy Borough Clerk

----- Forwarded message -----

From: **NAMI New Jersey** <info@naminj.org>

Date: Mon, May 25, 2020 at 4:30 PM

Subject: Reminder to Register: NAMI NJ Online Support Groups continue this week

To: <boroclerk@closternj.us>





## Register for an online support group.

The following two groups are being offered online, using the Zoom platform:

### **NAMI Family Support Group**

Tuesdays at 12 pm  
Wednesdays at 7 pm  
Thursday at 7 pm

### **NAMI Connection Recovery Support Group**

Tuesdays at 7 pm  
Wednesdays at 12 pm  
Wednesdays at 7 pm

***Groups will continue to meet through the full month of May.***



**NAMI Family Support Group** is a 60 minute support group for adult friends and family members (18+) of people with mental health conditions. Participants gain the support of peers who understand their experience and gain insight into others' challenges and successes.



**NAMI Connection Recovery Support Group** is a 60 minute support group for adults (18+) with a mental health condition. Participants gain the support of peers who understand their experience and gain insight into others' challenges and successes.

[Register here](#)

We will limit attendance. If demand is high, we will discuss adding more sessions (*please let us know if you are a certified facilitator, comfortable with online meetings, and willing to facilitate*).

## Confidentiality:

The facilitators will take a few minutes to share an enhanced confidentiality reminder, emphasizing that we rely on callers to:

- Ensure that you and anyone else who can see or hear the call are members of the appropriate group.
- Note that Zoom and NAMI NJ collect basic information, such as IP address, zip code, etc.
- Calls will not be recorded. Please do not take screenshots or any recordings, or take notes with personal information.
- Please close your door, close your computer when you step away, use a headset, etc. as needed to preserve group privacy if you are not alone.

## Safety:

- Individuals on the call who are "mandated reporters" will announce themselves. Please note, that all residents of NJ are mandated reporters of known or potential harm to a child.
- Even with pre-registration, we have no way of knowing who is listening to our meetings. Therefore, we urge attendees to be cautious when sharing personal information or anything others might perceive of as dangerous or threatening.
- If you have something critical to communicate with the facilitator which is private, you can use the CHAT feature, addressing him/her only.
- Remember that as a team of statewide facilitators, we are less likely to have local crisis diversion resources and background than those in your local affiliate or multicultural group.

[Click here to view agenda, guidelines, etc.](#)

Please [click here](#) to read more information on support groups.

If you have any questions, please contact:

**Jennifer Hughes**, Associate Director of Program Quality Assurance: [jhughes@naminj.org](mailto:jhughes@naminj.org)

**Jay Yudof**, Recovery Programs Coordinator: [jyudof@naminj.org](mailto:jyudof@naminj.org)

**Lynne Malloy**, Affiliate Liaison/Family Support Group Coordinator: [lmalloy@naminj.org](mailto:lmalloy@naminj.org)

**Disclosure:** NAMI NJ's intention is to protect personal information. We will not use this information beyond registration and immediate safety purposes.

For a list of other NAMI NJ Online Services, please visit [www.naminj.org/covid19](http://www.naminj.org/covid19)

NAMI New Jersey | 1562 Route 130, North Brunswick, NJ 08902

Unsubscribe [boroclerk@closternj.us](mailto:boroclerk@closternj.us)

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5/26/2020

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